

Summer courses are free—our gift to you.

Pre-registration is required.

Register online at csumb.edu/OLLI

Missing Baseball?

Tuesdays, May 26; June 2, 9 (3 sessions)
10:00 – 11:00am

What is it about baseball? Losing it feels like losing part of America. When the words “play ball” are uttered again, it will be a sign that things are returning to normal. To help us fill the void until that day, lifelong baseball fans Chris Hasegawa and Larry Sill will lead a conversation about how to fill the hole that the delay of the season has left in our lives. We’ll discuss and share our favorite baseball movies, videos, books, and articles while inviting you to join in on the discussion.

Chris Hasegawa has been a San Francisco Giants fan since birth. Growing up, Chris listened to most games on his transistor radio. He gave up playing baseball when he had trouble catching up with the fastball in eighth grade, but still loves everything about the sport.

Larry Sill grew up fanatically rooting for the Detroit Tigers (and considers the 1968 World Champions one of the great all-time teams). He also loves the “voices” of baseball – Ernie Harwell, Jack Brickhouse, Vin Scully, Jon Miller, Harry Caray, Jack Buck, and Joe Garagiola, to name a few.

Memoir: Crafting Memory to Story

Wednesdays, May 27; June 3, 10, 17 (4 sessions)
12:30 – 3:30pm

Memoir has become quite popular as it allows us a peek into someone else’s life, what happened to them, and how they transformed. The human condition is relatable, especially if what’s being told is true. Let your story be told. Learn how to select a meaningful slice of your life and craft those memories into memoir. We will be looking at writing craft elements specific to memoir, hearing excerpts from various exceptional memoirists, and sharing our writing for constructive feedback.

Jane Edberg, MFA, is working on a memoir called *The Fine Art of Grieving* and authors a blog by the same title. A writer, artist and professor, Jane has helped inspire and support creatives for over 30 years.

Writing Words with Friends

Thursdays, May 28; June 4, 11, 18, 25 (5 sessions)
10:00 – 11:30am

You are invited to participate in a small group who write for all sorts of reasons at all levels of expertise. You are welcome whether you write fiction, non-fiction, poetry, or a genre of your choice. You will be able to read your work just for fun, or you may want a professional critique on a piece you hope to publish. We won't write in class, and there are no writing assignments. There will be mini-lessons based on your needs. So please join us if you want to improve your writing or just share, enjoy and learn with others.

Renée Farrington is a published writer. She has taught English and creative writing and has served as the sponsor of a literary magazine. Her goals are to help students enjoy playing with words as much as she does and to see them reach their own writing goals.

Chopin in Quarantine

Friday, May 29 (1 session)
10:00 – 11:15am

Chopin has enjoyed uninterrupted popularity from the time of his youth to the present. The deeply romantic music of Chopin may be just what’s needed to help us during this difficult time. In a live online lecture and performance, classical pianist Melinda Coffey Armstead will illuminate Chopin's life and music, with particular focus on the composer's time spent in Majorca with George Sand during the winter of 1838 when the Preludes were completed.

Melinda Coffey Armstead is a professional classical pianist and has performed as a soloist and chamber musician around the globe. She received her Master of Music from the University of British Columbia, won first place in the National Competitive Music Festival in Toronto, and has recorded ten solo and collaborative CDs.

**We are currently unable to accept
in-person or phone registration.**

**Need assistance? Please leave a message at
(831) 582-5500 or email olli@csumb.edu.**

Nature Journaling

Mondays, June 1, 8, 15 (3 sessions)
1:30 – 3:00pm

At its heart, nature journaling is about learning to truly see, hear and experience nature in a way that deepens our awareness and increases our knowledge of the natural world. Through sketches and notations, we communicate our experience and ask questions that stimulate our curiosity and wonder. We'll explore the basics of keeping a nature journal, practice techniques to improve our awareness and naturalist skills, and learn how to move beyond mental roadblocks to cultivate our nature journaling practice. Sketching is a skill that improves with practice and guidance. Anyone can learn to sketch – no prior experience necessary.

Melinda Nakagawa, M.S., is a local naturalist, scientist and educator whose mission is to inspire and motivate learners to cultivate practices that deepen their relationship with the natural world. Melinda has been keeping a nature journal for over 20 years and leads the Monterey Bay Nature Journal Club.

Films of Audrey Hepburn

Thursdays, June 4, 11, 18, 25 (4 sessions)
2:00 – 3:00pm

Audrey Hepburn appeared in 26 movies from 1951 to 1989. Her first starring role, in 1953's *Roman Holiday*, was a hit and earned her the Oscar for Best Actress. From then on, she was an international star. Hepburn's legendary leading men included Gregory Peck, Humphrey Bogart, Henry Fonda, Gary Cooper, and many more. Hepburn was elegance personified. Her wistful expressions, svelte figure, impish charm, innocence and humor captivated millions and made her one of the greatest movie actors and fashion icons of all time.

Participants are to view each film prior to the Zoom session. We'll discuss four Hepburn classics: *Roman Holiday* (1953), *Funny Face* (1957), *Breakfast at Tiffany's* (1961), and *Charade* (1963).

Malcolm Weintraub, inveterate cineaste, is a devotee of film studies paying special attention to cinema thematics.

Poetry of Billy Collins

Fridays, June 5, 12, 19 (3 sessions)
11:00am – noon

Poet Billy Collins has written 11 books of poetry to date. He is best known for his many insightful uses of humor throughout his work, which has made him a beloved poet for young and old alike. He has served two terms as U.S. Poet Laureate and received fellowships from the New York Foundation for the Arts and the Guggenheim Foundation. His countless awards include the National Poetry Series Prize, the New York Public Library "Literary Lion" Prize, the Mark Twain Award for Humor in Poetry, and Poetry Magazine's Poet of the Year.

This offering will occur in three one-hour Zoom sessions. Poetry handouts as well as background information will be provided. There is no need to buy the books before class; but, after the course, you may desire to have his books as part of your personal library.

June 5: The Art of Writing and Making Meaning

June 12: Adulthood, Parenting and Aging

June 19: What Poets Know of Dogs

Renée R. Curry, Ph.D., recently retired as a full professor in the School of Humanities and Communication at Cal State Monterey Bay.

All sessions meet via Zoom on the date and time listed. No recordings will be made. You'll need a computer, tablet or smartphone to see and hear each other on Zoom. Prior to each offering, you will receive the Zoom link as well as step-by-step guidance.

A Midsummer Night's Dream

Monday/Wednesday, June 8, 10, 15, 17 (4 sessions)
10:00 – 11:30am

William Shakespeare’s *A Midsummer Night’s Dream* is one of his most beloved plays. Students will “stream” a filmed adaptation of the play at home as well as an actual stage performance from the Globe Theatre in London. In our four class meetings on Zoom, we will discuss the origins of the play as well as its central themes and motifs. A special feature of the class will be a visit by Marisa Brau-Reyes, a New York Shakespearean actress.

Allston James taught English and Humanities at Monterey Peninsula College for 30 years and has taught Shakespeare at OLLI since 2014. He is a playwright whose plays have twice won the British Theatre Challenge in London.

Current Issues in Addiction

Tuesdays, June 9, 16 (2 sessions)
2:00 – 3:00pm

Join Bill Brigham for a brief online presentation and open Zoom discussion of some critical issues now being faced in the addictions field.

June 9

1. The effect of COVID-19 on addiction treatment and mutual help groups.
2. The relationship among alcohol, domestic violence and sheltering in place.

June 16

1. Overdose, alcohol and suicide: *Deaths of Despair and the Future of Capitalism* (Anne Case and Angus Deaton)
2. The use of psychedelics in the treatment of depression, PTSD and other disorders.

William Brigham, M.S.W., M.A., has over 45 years of experience in the addictions field, including work in residential and outpatient treatment settings, teaching addictions courses at the university level, and serving as the Administrator of the National Football League Substance Abuse Program.

Keeping a Journal – Now More Than Ever

Tuesdays, June 16, 23 (2 sessions)
9:30am – noon

The writer Anais Nin said, “In the journal I am at ease.” Yes, I know exactly what she means. Other than when out walking in nature, I too am most at ease sitting with pen in hand before my open journal. No, not that exactly. More than sitting *before* my journal, it feels as though I’m sitting *inside* it, and that means being most wholly inside myself *and* in an awareness of the world around me. It’s not that the innumerable concerns disappear, it’s that I have a more-balanced-than-otherwise way to hold them. Join me for a two-session class focused on keeping a journal. Especially now with the overwhelm many of us are experiencing, writing a journal may be just the thing to help return you to a sense of balance.

Patrice Vecchione’s new book is *My Shouting, Shattered, Whispering Voice: A Guide to Writing Poetry and Speaking Your Truth*, a book that poet Ellen Bass has called “more than a guide to writing poetry. It is an act of generosity and empathy, a helping hand to anyone who dreams of telling their truth through words on a page.”

Estate Planning Workshop

Wednesday, June 17 (1 session)
4:00 - 5:00pm

This invaluable workshop, "Your Game Plan: An Overview of Your Estate Planning," is led by local estate planning attorney Rick Kennifer. Presented by the CSUMB Office of University Advancement, OLLI@CSUMB and KAZU (90.3 FM).

RSVP By: Monday, June 15

RSVP To: Amy Yamano: ayamano@csumb.edu

**Osher Lifelong Learning Institute (OLLI)
California State University, Monterey Bay**

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